









September 2018 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3 Italian Grinders w/ Baked French Fries (D)	4 Herb Roasted Chicken, Parmesan Broccoli, Fruit (C, D, GF)	5 Grilled Pork Medallions served over Cheesy Polenta (D)	6 Watermelon Smoothie w/ Bagel (D, GF)	7
8	9 Lunch from Home 	10 Shrimp Tacos & Spinach Rice (GF)	11 French Bread Pizza & Garden Salad (D)	12 SCHOOL HALF DAY	13 SCHOOL HALF DAY	14
15	16 Lunch from Home 	17 Grilled Chicken Sandwich, Potato Salad, & Fruit (C, D)	18 Sushi (California Rolls), Vegetable Dumpling & Edamame	19 Steak Alfredo Pasta w/ Breadsticks (D)	20 Chipotle Bowls, Fruit, D, C, GF Options	21
						

C=contains chicken D=contains dairy N=contains nuts GF=gluten free